

**Dr. Rama Prasad**

***Ayurvedic Approach to Holistic Healing***

***Date: October 3, 2016***

***Time: 1110hrs – 1150hrs***

Holistic healing focuses on the multi-layered chains of cause and effect within a disease, rather than just breaking a chemical bond or killing a microbe and call it 'healing'. This session will explore what a holistic practitioner's brain does during a health consultation. The session will also explore how environment, genetics, mind and lifestyle generate an illness and how to simply turn it off. Dr. Rama Prasad will also show you one of the most important elements in your body for removing disease and staying healthy.